| What was something that made you smile today?        | Was there a time you felt wiggly or jumpy?             | Did anything today<br>make your body feel<br>tight or floppy? |
|--|--|---|
| Tell me about the best thing you did at recess today | What was something funny that happened in class?       | Who did you sit next to at lunch? What did they eat?          |
| Who did you play with today? What game did you play? | Did you help a friend today, or did a friend help you? | What was something kind you saw happen?                       |

| What was the trickiest part of your day?                                      | Did you have a moment when you felt blue (tired/bored)           | What helped you when you felt frustrated?               |
|---|--|---|
| If your teacher was a character from a movie or book, who would they be? Why? | What's something you would want your teachers to know about you? | What is something that made you feel proud of yourself? |
| If you could design your own playground, what would it have?                  | Your turn – be creative!   | Your turn – be creative!                                |